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Dr. S. Aruna Sri is an Assistant Professor of Psychology at Dr. Lankapalli Bullayya College, Visakhapatnam, with a rich background in both academic and counselling roles. She also works as a consultant for Wellness Hub India Private Limited and Amaha, Mumbai, focusing on organisational behavioural skills. Dr. Aruna Sri has previously served as a Consultant Psychologist at the Naval Dock Yard, Visakhapatnam, and the Indian Naval Organisation, where she worked for eight years.

Her professional experience includes being a care coordinator for the Endocrinology & Diabetes Centre, participating in a research project on Diabetes Mellitus and Depression with Emory University and NIMH, USA. She has also been a Clinical Health Psychologist at Care Hospitals, Visakhapatnam, and a part-time lecturer for B.R. Ambedkar University.

Dr. Aruna Sri has delivered workshops and lectures on psychological health and behavioural problems for various organisations, including the Navy and major corporations. She holds a Ph.D. in Psychology from Andhra University, along with a Master's Degree in Psychology and qualified APSET. She also has a Master's Degree in English. She has been invited by APSCHE for Psychology syllabus framing